

(Q5) Please select the statement about breastfeeding or feeding pumped breast milk that best describes how you fed your child.

	%	95% CI*	
I never fed breast milk to my child	9.7	6.7	13.8
I fed breast milk to my child for less than 1 month	11.8	8.9	15.6
I fed breast milk to my child for 1 month or more	78.5	73.6	82.7

(Q5 recoded) How many months did you feed breast milk to your child?

	%	95% CI*	
Zero	9.7	6.7	13.8
<1 month	11.8	8.9	15.6
1 through 3 months	15.3	11.7	19.9
4 through 6 months	10.7	7.7	14.6
7 through 9 months	9.2	6.5	12.8
10 through 12 months	12.8	9.5	17.0
13 through 18 months	16.9	13.1	21.5
19 through 24 months	6.3	4.2	9.5
More than 24 months	7.0	4.7	10.4

(Q6) What type of milk does your child usually drink now?

	%	95% CI*	
Whole or regular milk	27.9	23.3	33.1
Reduced fat (2%) milk	47.5	42.0	53.1
Low fat (1%) or fat free (skim) milk	11.4	8.4	15.5
Soy or rice milk	3.7	2.1	6.4
Powdered or canned milk	3.1	2.0	4.8
Other	4.6	2.7	7.7
My child does not drink any type of milk	1.8	0.8	3.9

Note 1: If a respondent selected multiple types of milk and the first was whole, 2%, 1% or skim and the second was soy or rice, or powdered or canned, she was counted in the first type selected.

Note 2: "Other" category includes respondents who checked this option on the survey as well as respondents who selected multiple options not included in Note 1.

*95% Confidence Interval

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 1244 mothers who were sent the CUBS survey in 2010, 48% responded. Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2007. The average child age at the time mothers responded was 38 months (range 35-40 months). 2.5% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit www.epi.hss.state.ak.us/mcheppi/cubs/.

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(Q7a) Yesterday, about how many cups of WATER did your child drink?

	%	95% CI*	
None	3.0	1.6	5.5
Less than one	8.1	5.3	12.1
One	21.9	17.7	26.8
Two	26.6	21.9	31.8
Three	21.4	17.2	26.5
More than three	19.0	14.9	23.8

(Q7b) Yesterday, about how many cups of MILK did your child drink?

	%	95% CI*	
None	6.9	4.5	10.4
Less than one	6.9	4.5	10.3
One	29.4	24.4	35.0
Two	32.6	27.5	38.1
Three	14.7	11.3	19.1
More than three	9.4	6.8	13.0

(Q7c) Yesterday, about how many cups of 100% FRUIT JUICE did your child drink?

	%	95% CI*	
None	24.2	19.7	29.3
Less than one	16.7	12.8	21.6
One	24.9	20.3	30.2
Two	20.5	16.3	25.6
Three	7.7	5.2	11.2
More than three	6.0	3.6	9.8

(Q7d) Yesterday, about how many cups of SODA (such as Coke or Sprite) did your child drink?

	%	95% CI*	
None	79.9	75.4	83.8
Less than one	14.7	11.2	19.1
One	3.3	2.0	5.4
Two	1.6	0.9	2.7
Three	0.3	0.1	1.2
More than three	0.2	0.0	1.2

*95% Confidence Interval

(Q7e) Yesterday, about how many cups of SWEETENED OR FRUIT DRINKS (such as Kool-Aid, Tang, or Capri Sun) did your child drink?

	%	95% CI*	
None	65.0	59.6	70.1
Less than one	7.2	4.8	10.8
One	13.0	9.6	17.4
Two	9.5	6.6	13.4
Three	3.0	2.0	4.6
More than three	2.2	1.2	4.2

(Q8a) Yesterday, about how many times (including meals and snacks) did your child eat FRESH, CANNED, FROZEN OR DRIED FRUIT?

	%	95% CI*	
None	7.4	5.0	10.7
One	26.3	21.7	31.5
Two	37.8	32.5	43.4
Three	17.7	13.9	22.4
More than three	10.8	7.8	14.7

(Q8b) Yesterday, about how many times (including meals and snacks) did your child eat FRENCH FRIES, TATOR TOTS OR POTATO CHIPS?

	%	95% CI*	
None	57.2	51.6	62.7
One	35.3	30.1	40.9
Two	6.4	4.1	9.9
Three	0.3	0.1	1.0
More than three	0.7	0.1	3.5

(Q8c) Yesterday, about how many times (including meals and snacks) did your child eat OTHER VEGETABLES OR SALAD?

	%	95% CI*	
None	16.0	12.5	20.3
One	35.5	30.3	41.0
Two	35.1	29.9	40.6
Three	10.5	7.4	14.5
More than three	3.0	1.5	5.6

*95% Confidence Interval

(Q8d) Yesterday, about how many times (including meals and snacks) did your child eat CANDY, COOKIES, OR OTHER SWEETS?

	%	95% CI*	
None	22.7	18.4	27.6
One	58.2	52.5	63.6
Two	16.0	12.3	20.6
Three	2.6	1.1	5.6
More than three	0.6	0.2	2.0

*95% Confidence Interval